MDS-RCA: The Mini-Series Session #2

Case Mix Team October 2020



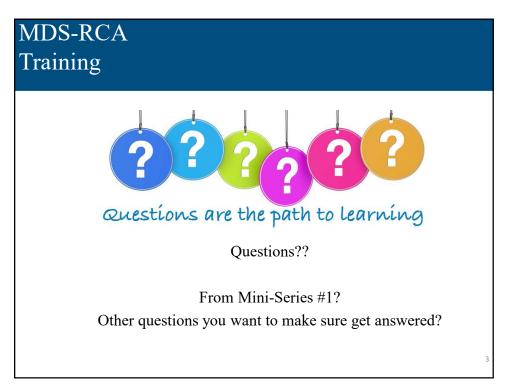
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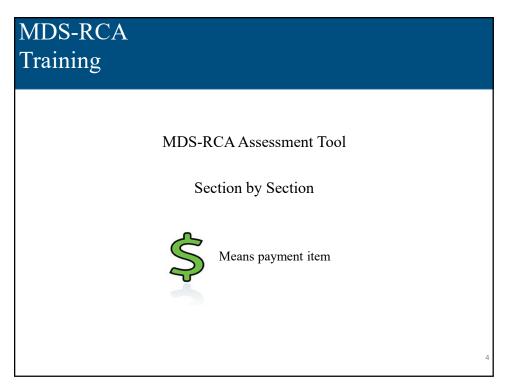
MDS-RCA Mini-series #2

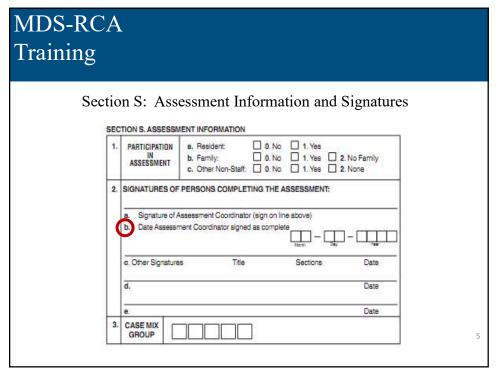
MDS-RCA Training: Agenda

- ➤ Basic Assessment Tracking Form
- > Section S: Setting the ARD
- > Section S: Completing the assessment
- > Section A
- > Section B, C, and D
- > Section F, H, and I
- Section K, L, and N
- > Section O and Q
- > Section R, T, and U
- ➤ Discharge Tracking form
- > Submission of Assessments

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		RCA	
ra	ini	ng	
1. 2. 3.	RESIDENT NAME GENDER BIRTHDATE	a. (First) b. (Middle Initial) c. (Last) d. (Jr(Sr) 1. Male 2. Female Month. Day Near	
4.	RACE/ ETHNICITY (Check anly one.)	Morth	Section AA: Identification Information.
	SOCIAL SECURITY and MEDICARE NUMBERS (C in 1st box if no med. no.)	a. Social Security Number b. Medicare number (or comparable railroad insurance number)	
6.	FACILITY NAME AND PROVIDER NO.	a. Facility Name b. Provider No.	
7.	MAINECARE NO.	[Record a "+" if pending, "N" if not a MaineCare recipient]	
	SIGNATURE(S) ignatures	OF PERSON(S) COMPLETING TRACKING FORM: Title Sections Date	
b.	×.577.75	Date	
C.	DATE	Record date tracking form was completed. Description Description	

MDS-RCA Training

Face Sheet: Background Information

Completed at the time of the resident's initial admission to the facility.

Section AB: Demographic Information

Section AC: Customary Routine

Section AD: Face Sheet Signatures and dates

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MDS-RCA Training

Section A: Identification and Background information

1.	RESIDENT				
	NAME	a. (First)	 b. (Middle Initial) 	c. (Last)	d. (Jr/Sr
2.	SOCIAL SECURITY and MEDICARE NUMBERS (C in 1" box if no med. no.)	a. Social Security N b. Medicare number	Number —	insurance numb	er)
3.	FACILITY NAME AND PROVIDER NO.	B. Provider No.		1	
4.	MAINECARE NO.	[Record a "+" if pe	nding, "N" if not a MaineC	Care recipient)	
5.	ASSESSMENT DATE	Last de	ay of observation period Day	J Vaar	
6.	REASON FOR ASSESSMENT	(Check primary re 1. Admission 2. Annual ass	assessment E	4. Semi-Annu 5. Other (spe	100

MDS-RCA Training			
	Se	ction B: Cognitive Patterns	
	1. MEMORY	(Recall of what was learned or known) a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem	
	2. MEMORY/ RECALL ABILITY	(Check all that resident was normally able to recall during last 7 days) a. Current season d. That heishe is in a facility/home b. Location of own room e. NONE OF ABOVE are recalled c. Staff names faces	
\$-	3. CDGNITIVE SKILLS FOR DAILY DECISION- MAKING (Check only one	1. MODIFIED INDEPENDENCE—some difficulty in new situations only 2. MODERATELY IMPAIRED—decisions poor; cues/	
	4. COGNITIVE STATUS (Check anly ane.	Resident's cognitive status or abilities now compared to resident's status 180 days ago (or since admission if less than 180 days). 0. No change	
			9

SE 1.	CTION C. (HEARING (Check only one.)	COMMUNICATION/HEARING PATTERNS (With hearing appliance, if used) 0. HEARS ADEQUATELY—normal talk, TV, phone 1. MINIMAL DIFFICULTY when not in quiet setting 2. HEARS IN SPECIAL SITUATIONS ONLY—speaker has to adjust
2.	COMMUNICA- TION DEVICES/ TECHNIQUES	tonal quality and speak distinctly 3. HIGHLY IMPAIRED – absence of useful hearing (Check all that spoy during last 7 days.) a. Hearing sid, present and used b. Hearing sid, present and not used regularly c. Other receptive communication techniques used (e.g., lip reading) d. NOVE OF ABOVE
3.	MAKING SELF UNDERSTOOD (Check only one.)	(Expressing information content—however able) 0. UNDERSTOOD 1. USUALLY UNDERSTOOD—difficulty finding words or finishing thoughts 2. SOMETIMES UNDERSTOOD—ability is limited to making concrete requests 3. RARELYNEVER UNDERSTOOD
4.	ABILITY TO UNDERSTAND OTHERS (Check only one)	(Understanding information content—however able) 0. UNDERSTANDS 1. USUALLY UNDERSTANDS—may miss some part / intent of message 2. SOMETIMES UNDERSTANDS—responds adequately to simple, direct communication 3. RARELYNEYER UNDERSTANDS

S-RC ining		
SE 1.	T	(Ability to see in adequate light and with glasses if used) 0. ADEQUATE—sees fine detail, including regular print in newspapers/books 1. IMPAIRED—sees large print, but not regular print in newspapers/books 2. MODERATELY IMPAIRED—limited vision; not able to see newspaper headlines, but can identify objects 3. HIGHLY IMPAIRED—object identification in question, but eyes appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects
2.	VISUAL APPLIANCES	a. Glasses, contact lenses

MDS-RCA		CTION E	SYCHOSOCIAL WELL-BEING	
	1.	1	a. At ease interacting with others b. At ease interacting with others c. At ease doing planned or situatured activities c. At ease doing self-initiated activities d. Establishes own goals e. Pursuse involvement in life of facility (e.g., makes/keeps friends; involved in group activities; responds positively to new activities; assists at religious services) f. Accepts invitations into most group activities g. NONE OF ABOVE	
	2.	UNSETTLED RELATION- SHIPS (Check sli that apply.)	a. Covertiopen conflict with or repeated criticism of staff b. Unhappy with roommate c. Unhappy with reoidents other than roommate d. Openly expresses conflictinger with family/friends e. Absence of personal contact with family/friends f. Recent loss of close tamily member/friend g. Does not adjust easily to change in routines h. NOVE OF ABOVE	
	3.	i. LIFE- EVENTS HISTORY (Check at that apply.)	Events in past 2 years a. Serious accident or physical liness b. Health concerns for other person c. Death of family member or close friend d. Trouble with the law e. Robbedphysically attacked f. Conflict laden or severed relationship g. Loss of income leading to change in iffestyle h. Sexual assauthabuse i. Child custody issues j. Change in markalipatrier status k. Review hearings (e.g., forensic, certification, capacity hearing) l. NONE OF ABOVE	1:

MDS-RCA Training SECTION H. CONTINENCE IN LAST 14 DAYS CONTINENCE SELF-CONTROL CATEGORIES Note: this section has Code for resident's PERFORMANCE OVER ALL SHIFTS) C. CONTINENT—Complete control (includes use of indwelling urinary catheter or ostomy device that does not leak urine or stool) a 14-day look back USUALLY CONTINENT—BLADDER, Incontinent episodes once a week or less; BOWEL, less than weekly period. 2. OCCASIONALLY INCONTINENT-BLADDER, 2 or more times a week but not OCCASIONALLT INVOCATIONS and ality; BOWEL, once a week FREQUENTLY INCONTINENT—BLADDER, tended to be incontinent daily, but some control present (e.g. on day shift); BOWEL, 2-3 times a week Manage incontinent 4. INCONTINENT—Had inadequate control BLADDER, multiple daily episodes; BOWEL, supplies means to all (or almost all) of the time change the pad or Control of bowel movement, with appliance or bowel continence programs, if employed brief, empty catheter BLADDER CONTINENCE Control of urinary bladder function with appliances (e.g. foley) or continence programs, if emp and/or ostomy bag. It Diarrhea BOWEL ELIMINATION PATTERN Bowel elimination pattern does not refer to regular-at least one Fecal Impaction movement every three days Resident is independent ordering supplies, Constipation NONE OF ABOVE stocking supplies in a **APPLIANCES** Any scheduled toileting plan Did not use toilet room/ commode/urinal PROGRAMS Bladder retraining program resident's room, or Pads/briefs used External (condom) catheter putting them away Enemas/irrigation ndwelling cathete Ostomy present Intermittent catheter when supplies arrive NONE OF ABOVE

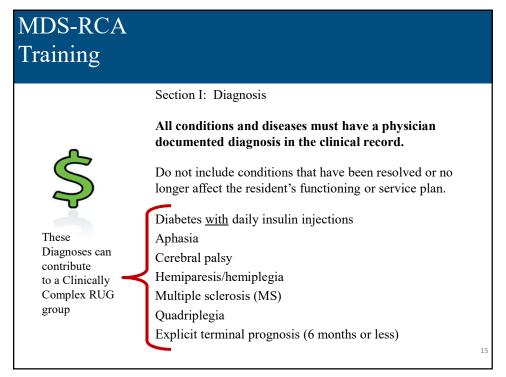
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MDS-RCA Training

POP QUIZ!

- $0 Continent {\sf Complete}\ control$
- **1 Usually Continent** Bladder, incontinent episodes occur once a week or less. Bowel incontinent episodes occur less than once a week.
- **2 Occasionally Incontinent** Bladder incontinent episode occur two or more times a week but not daily. Bowel incontinent episodes occur once a week.
- **3 Frequently Incontinent** Bladder, tended to be incontinent daily, but some control present (e.g., on day shift) Bowel, 2-3 times a week
- **4 Incontinent** Bladder incontinent episodes occur multiple times daily. Bowel incontinence is all (or almost all) of the time.

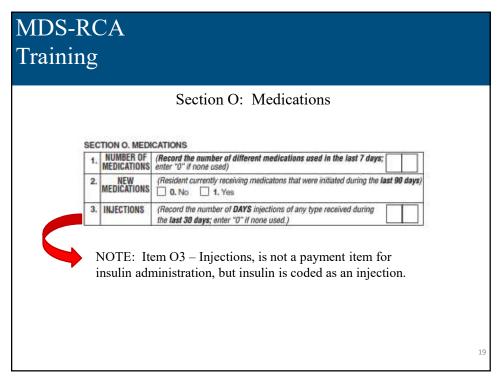
- A. Mr. Q was taken to the toilet after every meal, before bed, and once during the night. He was never found wet.
- **B**. Mr. R had an indwelling catheter in place during the entire 14-day assessment period. He was never found wet.
- C. Although she is generally continent of urine, every once in a while (about once in two weeks) Mrs. T doesn't always make it to the bathroom in time after receiving her daily diuretic pill
- **D**. Late in the day when she is tired, Mrs. A sometimes (but not all days) has more episodes of urinary incontinence.



MDS-RC Training	A	
		EMS a. Mouth is dry when eating a meal a. Mouth Pain k.all b. Chewing Problem a. NONE OF ABOVE
	2. HEIG ANI WEIG	HT Record (a.) height in these and (b.) weight in pounds. Base weight on most recent macrons in last 30 days macrons with consistently in accord with chardren facility.
	3. WEIG CHAN	
	4. NUTT TION. PROBLE OR AP-PROAC	

1. ORAL STATUS AND DISEASE PREVENTION Corporation for that apply.) 1. ORAL STATUS AND DISEASE PREVENTION Corporation plates) 1. Check all that apply.) 2. Broken, loose or carious teeth 3. Inflamed gums (gingiva); swollen or bleeding gums; oral abscesses; ulcers or rashes 4. Daily cleaning of teeth/dentures or daily mouth care—by resident or staff 5. Resident has difficulty brushing teeth or dentures	MDS-RC Training	Se	ection L: Oral / Dental Status
g, NONE OF ABOVE	-	ORAL STATUS AND DISEASE PREVENTION	a. Has dentures or removable bridge b. Some/all natural teeth lost-does not have or does not use dentures (or partial plates) c. Broken, loose or carious teeth d. Inflamed gums (gingiva); swollen or bleeding gums; oral abscesses; ulcers or rashes e. Daily cleaning of teeth/dentures or daily mouth care-by resident or staff

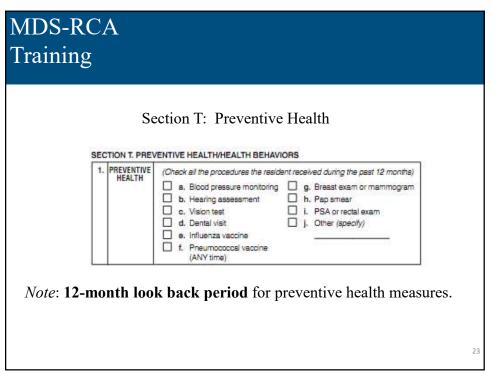
DS-R ainin		
	Section N: Activity Pursuit Patterns	
	SECTION N. ACTIVITY PURSUIT PATTERNS	
	TIME AWAKE Check appropriate time periods over last 7 days) Resident swake all or most of time (i.e., naps no more than one hour per time period) in the:	
	2. AVERAGE TIME (When awake and not receiving treatments or ADL care) 1. Most-more than 2/3 of time ACTIVITIES (Check only one) 3. Little-less than 1/3 of time 4. None	
	3. PREFERRED ACTIVITY SETTINGS (Check all settings in which activities are preferred) d. Away from facility d. Away from facility b. Day/activity room e. NONE OF ABOVE c. Outside facility (e.g., in yard)	
	4. GENERAL ACTIVITY PREFER ENCES whether or not activity is currently available to resident) PREFERENCES Cards/other games K. Gardening or plants	



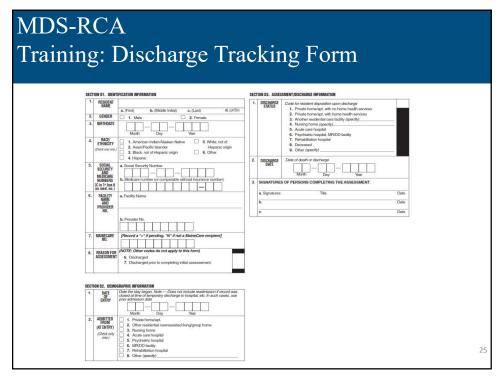
AAGU DA WESAN (SAAWA)	ection O: Medications
4A. DAYS RECEIVED THE FOLLOWIN	a. Antipsychotic
4B. PRN MEDICATIO	Does resident have a prescription for any PRN medication for a mental, emotional or nervous condition, or behavioral problem? 0. No 1. Yes
MEDICATIO	B a. Insulin e. Glucosan b. Oxygen f. Over-the-counter Meds
PREPARATI	ON (Check only one.)
	SECTION O. ME 4A. DAYS RECEIVED THE FOLLOWIN MEDICATIO 5. SELF- ADMINSTERI MEDICATIO (Check all th Apply.) 6. MEDICATIO PREPARATII ADMINISTR

	S	ection Q: Service Planning	
SE	CTION Q. SERV	ICE PLANNING	
1	GOALS (Check all areas in which resident has self-identified goals)	a. Health promotion/wellness/exercise b. Social involvement/making friends c. Activities/hobbies/adult learning d. Rehabilitation-skilled e. Maintaining physical or cognitive function f. Participation in the community g. Other (specify) h. No goals	
2	CONFLICT	a. Any disagreement between resident and family about goals or service plan? 0.No 1.Yes b. Any disagreement between resident/family and staff about goals or service plan? 0.No 1.Yes	

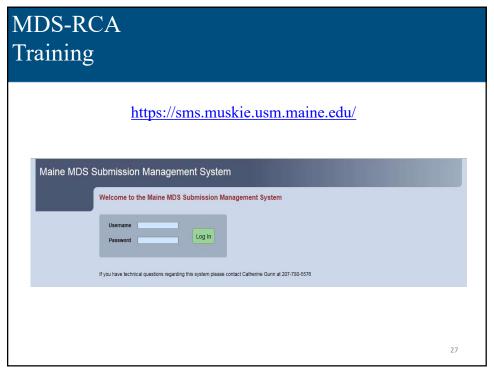
Training	Saa	tion D. Dischause Petential	
SEC	TION R. DISCH	tion R: Discharge Potential	
1.	DISCHARGE POTENTIAL	B. Does resident or family indicate a preference to return to community? O. No 1. Yes Does resident have a support person who is positive towards discharge? O. No 1. Yes Has resident's self-sufficiency changed compared to 6 months or since admission, if less than 6 months? O. No change 1. Improved 2. Declined	
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ing						
	Section	n II.	Madi	cations	list	
	Scene	лг О.	Micui	cations	1151	
		SECT	ION U. MEDIÇA	ATIONS LIST		
List all medications given during the	last 7 days. Inclu	de medications u	sed regularly less	than weekly as part of th	e resident's treatment re	gimen.
List the medication name and the RA (Route of Administration). Use		code from the fol	lowing list:			
1 = by mouth (PO) 2 = sublingual (SL)	3 = intramuscular (IM) 4 = intravenous (IV)		5 = subcutane 6 = rectally	5 = subcutaneous (SubQ)		9 = enteral tube 10 = other
3. FREQ (Frequency): Use the app	propriate frequency	code to show the	e number of times	per day that the medica	tion was given.	
PR = (PRN) as necessary 1H = (qh) every hour 2H = (q2h) every two hours 3H = (q3h) every three hours 4H = (q4h) every four hours 6H = (q6h) every six hours	8H = (q8h) every eight hours 1D = (qd or hs) once daily 2D = (BID) two times daily (includes every 12 hours) 3D = (TID) three times daily 4D = (QID) four times daily		1W 2W 3W QO	5D = five times a day 1W = (QWeek) once every week 2W = twice every week 3W = three times every week QO = every other day 4W = four times every week		e times every week times every week Month) once every month ce every month inuous
PRN-n (prn — number of doses): Do not use this column for sched		ode is "PR", reco	rd the number of t	mes during the past 7 d	ays that each PRN medi	cation was given.
 DRUG CODE: Enter the Nations manual Appendix E. If using this NDC code column). This should in 	Appendix, the NDC	should be enter	ed left-justified (the	NDC define package size first digit of the code sl	e and have been omitted hould be entered in the s	d from the codes listed in the pace farthest to the left of the
1. Medication Name and De	osage	2. RA	3. Freq	4. PRN-n	5. NE	OC Codes
EXAMPLE: Coumadin 2.5 i Digoxin 0.125 i Humulin R 25 l Robitussin 15ci	mg Units	1 1 5	1W 1D 1D PR	2		



e/minimum-data-set-mds-technical- formation
Residential Care Facility (Level IV PNMI) Links SMS: Maine MDS Submission Management System Go to SMS Log-in Page SMS RCF & ALS Training Presentation SMS RCA & ALS User Registration MDS-RCA Form: Assessment Form Version 120103 Manuals: RCA Manual January 2020 RCA Training Manual
Quality Indicators: QI Matrix Vendors Operating in Maine: Vendors



		RCF Report				
	MDS-	RCA Final Valida		rt		
Facility Name Import Date: 3/19/2014	FACILITY # Records Processed 4	# Records Rejected	rovider ID # Records Acc 3	123456789 cepted	Facility	y ID 00000
Rejected Asse	essments Resident Name	Reason For Assessment (A6/D1_8)	Assessment Date	Pay	ment RUG Group	CaseMix / Payment Weight
	MDS	RCF Repor -RCA Final Valida		rt		
Facility Name Import Date: 3/19/2014			_	123456789	Facility	y ID 00000
Accepted A	ssessments Resident Name	Reason For Assessment (A6/D1 8)	Assessment Date		ment RUG Group	CaseMix / Payment Weight

MDS-RCA Training

What can you do if you find a pattern of incorrect RUG groups between your MDS and the final validation?

- · Call your vendor
- Make sure you are checking your validation reports regularly!

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MDS-RCA Training

What if my software shows an assessment has been accepted?

- Check your state validation report from SMS to confirm acceptance or rejection
- Software acceptance means your software is accepting the assessment as ready for submission through SMS.

MDS-RCA Training

Questions?

This completes session #2 of the MDS-RCA Mini-Series.

Email the help desk to register for other training sessions or to send questions for the forum call.

MDS3.0.dhhs@maine.gov

State of Maine website for handouts:

 $\underline{https://www.maine.gov/dhhs/oms/providers/case-mix-private-duty-nursing-and-home-health}$

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MDS-RCA Training

Reminders:

Call the MDS help desk to inquire or register for training.

ASK questions!

ASK more questions!

Attend training as needed

Evaluations would be appreciated so we can continually improve our training.

Case Mix Team Contact Information

• MDS Help Desk: 624-4095 <u>or</u> toll-free: 1-844-288-1612

MDS3.0.DHHS@maine.gov

• Lois Bourque, RN: 592-5909

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• Sue Pinette, RN: 287-3933 or 215-4504 (cell)

Suzanne.Pinette@maine.gov

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Questions?

Sue Pinette RN, RAC-CT, Case Mix Manager 207-287-3933



